

# Wellness Spa Programmes



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## The Beauty of Your Legs *Anti cellulite programme*

Practically all post-pubescent females display some degree of cellulite. It is not related to being overweight; people with average weight as well as underweight people also get cellulite. Cellulite builds up slowly because of a number of different factors such as stress, poor food hygiene, lack of physical activity, and poor circulation. The Anti-Cellulite program is aimed at the prevention and reduction of the cellulite forming process and at the restoration of the optimum aesthetic condition of legs.



### THE TREATMENT INCLUDES:

- 6 x lymphatic drain massage
- 2 x underwater massage
- 2 x complete massage
- 2 x foot reflex zone massage
- 6 x dry gas bath
- 1 x auricle acupuncture



### THE PROGRAMME INCLUDES:

- accommodation
- half board
- spa tax
- the above mentioned treatment per person.

### Prices in EUR per person / 2 weeks (13 nights)

Accommodation		Off season	Main season
		01.01.08 – 12.04.08 12.10.08 – 19.12.08	13.04.08 – 11.10.08 20.12.08 – 04.01.09
Hotel <b>Sanremo</b> ★★☆☆	Single room	<b>817</b>	<b>888</b>
	Double room	<b>781</b>	<b>849,5</b>

**BONUS:** free entrance to the relaxation centre – swimming pool, whirlpool, massaging steam!

