

NATURAL TREATMENT OF UROLOGICAL SYSTEM DISORDERS IN HEALTH SPA MARIENBAD

✘ SPA town Marienbad enjoys its popularity all over the world both for its medical treatment methods and valuable natural healing resources, as well as for its scenic, enchanting view. About a hundred springs have been discovered in and around the town.

SPA town [Marienbad \(Marianske Lazne\)](#) launched its first spa season in 1808, but quickly became a fashionable resort amongst Europe's elite.

A real gem among the neighboring neoclassical buildings is the spa colonnade built in 1889. The regional spas specialize in treating musculoskeletal disorders, as well as diseases of the urinary tract, kidney and gynecological problems.

Natural Health-giving Resources in Marianske Lazne (Marienbad):

There are forty mineral springs rising in the area of Marianske Lazne and another 60 in the countryside around the city. The huge range in the local soils results in varied compound composition of all the sources. As a result, each one mineral spring is distinctive. There is no other place in the world where such a broad scope of mineral sources could be found.

All the resources are greatly saturated with carbon dioxide (more than one thousand milligrams per liter) therefore these mineral waters are known as acidulous water ("kyselka"). The majority of them additionally contain a substantial quantity of iron, that is noticed by the spring where a rusty-looking layer covers the surface.

Therapeutic Indications in Marienbad (Marianske Lazne):

Not like other spa destinations, Marianske Lazne treats a broad range of health problems and disorders.

General Indications for Adults:

Cancer after healing, metabolic and endocrine problems (diabetic issues mellitus, overweight), respiratory diseases (allergic rhinitis, health conditions following pneumonia, chronic bronchitis, bronchial asthma), neurological problems (Parkinson's disease), [diseases of the musculoskeletal system](#) (disabled joints, degenerative algic syndrome, idiopathic scoliosis, conditions following accidents and after orthopedic surgical procedure), [urological diseases](#)

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Females Indications:

Sterility, infertility, miscarriage, malfunction of ovaries & uterus, seditious gynecological health conditions, conditions after gynecological disorders, functional disorders of the climacteric syndrome, pain syndromes.

Children Indications:

Non-tubercular respiratory diseases (allergic rhinitis, recurrent bronchitis, period of recovery subsequent to pneumonia, bronchial asthma, health conditions after surgery of upper as well as lower airways, interstitial pulmonary fibrosis), disorders of the musculoskeletal system, kidney & urinary tract issues, gynecological problems (inflammatory illnesses of peripheral as well as internal

genitals, conditions following surgeries).

Procedures in Marianske Lazne (Marienbad):

Hydrotherapy: Hydrotherapy (simple & complex), swimming & physical exercises in the pool, jacuzzi, whirlpool, steam bath, sauna, Turkish bath, Kneipp treat

Baths: carbonic mineral and dry, mineral ingredients (Dead Sea salt, essential oils, peat extract), whirlpools, hot mineral spring, hydroxur

Massages: classical, reflexive, underwater, reflex massage of the soles of the feet, lymphatic manual & instrumental, lymphatic hydro-massage, Thai massage, aromatherapy massage, honey massage, crystal massage

Physical treatments: short-wave diathermy, vacuo-compression, myostimulator, magnetic, ultrasound

Luminosity therapy: solux, sunray, infra, solarium, biosolarium, laser light treatments

Thermotherapy: mud wraps, peat-bentonite lining, lavatherm, duoterm, paraffin, mud vaginal swabs, cryotherapy.

Kinesitherapy: group, individual, in the pool, stress-free physical exercises, yoga, aqua exercises

Reflexology therapy: mobilization, manipulation, acupuncture, reflexive foot massage, Shiatsu.

Other treatments: inhalation, oxygen treatment, colon hydrotherapy, vitasalin, peat masks, salt cave, drinking healing.

Date: 2017-01-23

Article link:

<https://xn--d1acjtcf3ap9g.www.spa-resorts.cz/eng/kaleidoskop/treatment-of-urological-system-disorders-in-health-spa-marienbad-1222.html>